

**DO YOU:**

Clench or grind your teeth while awake or asleep?

Yes\_\_\_ No\_\_\_

Bite your lips or cheeks regularly?

Yes\_\_\_ No\_\_\_

Hold foreign objects with your teeth?

(Pencils, pipe, pins, nails, fingernails)

Yes\_\_\_ No\_\_\_

Have tired jaws especially in the morning?

Yes\_\_\_ No\_\_\_

Smoke or chew tobacco? Yes\_\_\_ No\_\_\_

Sore Muscles (neck, shoulders) Yes\_\_\_ No\_\_\_

**ARE YOU SATISFIED WITH YOUR  
TEETH'S APPEARANCE?**

Yes No

Would you like to keep all of your teeth all of your  
life?

Yes\_\_\_ No\_\_\_

Do you feel nervous about having dental  
treatment?

Yes\_\_\_ No\_\_\_

If so, what is your biggest concern?

\_\_\_\_\_

Have you ever had an upsetting dental experience? If yes, please describe \_\_\_\_\_

Is there anything else about having dental treatment that you would like us to know? Yes\_\_\_ No\_\_\_

If yes, please describe \_\_\_\_\_

\_\_\_\_\_